FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	UNIB APPRO	VAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FISHER SAMUEL K						2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]								all applic Directo	able) r		Owner	vner	
(Last) L.B. FOST			ANY	3. Date of Earliest Transaction (Month/Day/Year) 03/02/2011									X Officer (give title below) Other (special below) Sr. V.P. Rail						
(Street) PITTSBU (City)	RGH	PA (State		5220 :ip)		4. If <i>A</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								Form fi	led by One led by More	Filing (Check A Reporting Per- e than One Rep	son	
					on-Deriv	ative	Secu	rities Ac	auirea	d. Di	sposed o	f. or Be	nefic	cially	Owned				\dashv
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day			ion 2A. Deemed Execution Date,		3. 4. Securitie			es Acquired (A) or Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indire	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price	Tropposition(s)					
Common S	Stock													1 1769 1 1 1				401(k) Stock	
Common S	Stock														6,987 D				
Common S	Stock														68	3 ⁽²⁾	D		
Common S	Stock													1,293 ⁽³⁾ D					
Common Stock															1,0	21 ⁽⁴⁾	D		
Common Stock 03/01/20					2011			S		1,500	D	\$40	.9175	5,	487	D			
			Ta	able II							oosed of, convertib				wned				
1. Title of Derivative Security (Instr. 3)	2. Conve or Exe Price of Deriva Securi	rcise of tive	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transa Code (1 8)		5. Number of Derivative Securities Acquired (A) or C. Date Exercisable and Expiration Date (Month/Day/Year) Securities Underlying Derivative St. (Instr. 3 and Instr. 3 and In				of s ng e Secu	E	. Price of Perivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following	Ownersh Form: Direct (D or Indire	Benef Owne ct (Instr.	lirect ficial ership	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Performance Share Units	(1)							(1)	(1)	Common	(1)		2,053 ⁽⁵⁾	D	
Performance Share Units	(1)							(1)	(1)	Common	(1)		3,877 ⁽⁶⁾	D	
Performance Share Units	(1)							(1)	(1)	Common	(1)		3,062 ⁽⁷⁾	D	

Explanation of Responses:

- 1. Not applicable.
- 2. Not vested and non-voting until March 6, 2012
- 3. Not vested and non-voting until March 4, 2013.
- 4. Not vested and non-voting until March 3, 2014.
- 5. (0 4016 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2008 2010, inclusive. Stock awarded shall range from 0 - 2 for each performance share unit.
- 6. (0 7754 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2009 2011, inclusive. Stock awarded shall range from 0 - 2 for each performance share unit.
- 7. (0 6124 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2010 2012, inclusive. Stock awarded shall range from 0 2 for each performance share unit.

Remarks:

/s/ Deborah J. Foster, attorneyin-fact for Samuel K. Fisher

03/02/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information of	contained in this form are not req	uired to respond unless the form di	splays a currently valid OMB Number.

AUTHORIZATION AND POWER OF ATTORNEY

The undersigned, Samuel K. Fisher, authorizes and designates the following persons to execute and/or file all Forms 3, 4 and 5, required due to the undersigned's affiliation with L.B. Foster Company (the "Company"), with the Securities and Exchange Commission:

Deborah J. Foster and/or David L. Voltz

This authorization shall remain in effect for each of said persons until the earlier of (i) the person ceases to be an employee of the Company or (ii) the undersigned revokes said authority in a writing addressed to the Secretary of the Company.

Executed this 26th day of August, 2008

/s/ Samuel K. Fisher

Samuel K. Fisher