

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001640809
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer FOSTER L B CO
SEC File Number 000-10436
Address of Issuer 415 HOLIDAY DR
PITTSBURGH
PENNSYLVANIA
15220
Phone 4129283431
Name of Person for Whose Account the Securities are To Be Sold 22NW Fund, LP
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.
Relationship to Issuer 10% Stockholder

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common Stock	Goldman Sachs & Co LLC 200 West Street New York NY 10282	27026	759430.60	10393009	11/11/2025	NASDAQ
Common Stock	Fidelity Prime Services 155 Seaport Boulevard Boston MA 02210	104374	2932909.40	10393009	11/11/2025	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
Common Stock	03/19/2020	Open Market Purchases	N/A	<input type="checkbox"/>		1313121	03/19/2020	cash

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks This is a late filing for sales beginning on 11/11/2025. 108,563 shares of Common Stock were sold between 11/11/2025 and 12/11/2025 for gross proceeds of \$2,927,618.18. The approximate date of sale is between 11/11/2025 through 12/12/2025. The aggregate market value is as of the close of business on 11/10/2025. The number of securities outstanding is as of 10/28/2025. The shares of Common Stock sold and to be sold were acquired on the open market and acquired and paid for between 03/19/2020 and 05/18/2023.

Date of Notice 12/12/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Aron English, Manager of 22NW Fund GP, LLC, General Partner

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)