FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL						
	OMB Number:	3235-0287						
l	Estimated average burden							
l	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of Donald I		2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]								k all appli Directo	tionship of Reportin all applicable) Director Officer (give title		son(s) to Iss 10% Ov Other (s	/ner			
(Last) 415 HOI	(F LIDAY DR	,	(Middle)			ate of I		nsaction (Month/Day/Year)					X	below) Sr. Vice Pr			below)	респу
(Street) PITTSB	URGH P		15220 (Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi Line) X					
		Tab	le I - No	on-Deri	vative	Seci	urities Ac	quirec	l, Dis	sposed o	of, or Be	nefic	ially	Owned	t			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execution		Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			and 5) Securit		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	tion(s)			
Common Stock 08/30/2						013		M		3,750	A	\$9	0.3	17,781(1)		D		
Common Stock 08/3					/2013	:013		S		3,750	D	\$42.	29 ⁽²⁾	9(2) 14,031(1)		D		
Common Stock														2	61			401(k) Shares
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any			ansaction of lode (Instr. Derivative (6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		S (I	. Price of Perivative Pecurity Pecurity Pecurity	vative derivative rity Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

\$9.3

1. This number includes restricted shares which were previously awarded to the reporting person by the Issuer under the Issuer's 2006 Omnibus Incentive Plan.

Code

М

(A) (D)

3,750

2. The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.20 to \$42.63. The reporting person undertakes to provide to L. B. Foster Company, any security holder of L. B. Foster Company, or to the SEC, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

Date

Exercisable

06/13/2005

Expiration

12/12/2014

Date

Title

Stock

Remarks:

Employee Stock Option

(Right to Buy)

/s/ Donald L. Foster by

Amount Number

Shares

3,750

Deborah J. Foster, attorney-in- 09/04/2013

\$0

0

D

fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

08/30/2013

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.