UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL C

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*				Name and Ticker	0,	nbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
KASEL JOH	<u>N F</u>				[I U III]			Director	10% C				
(1 ast)	(First)	(Middle)					X	Officer (give title below)	below)	(specify			
L.B. FOSTER COMPANY				of Earliest Transact 2011	tion (Month/Day	y/Year)	Sr. V.P. Mfg. & Operations						
415 HOLIDAY I	DRIVE												
(Street)				endment, Date of C	riginal Filed (M	lonth/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)						
PITTSBURGH	PA	15220					X	Form filed by One	1 0				
								Form filed by More	e than One Repor	ting Person			
(City)	(State)	(Zip)											
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3) 2. Trans Date				2A. Deemed Execution Date,	3. Transaction	4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a		5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect			

1. Title of Security (instr. 3)	2. Transaction 2A. Deemed Date Execution Date (Month/Day/Year) if any (Month/Day/Year)		3. Transaction Code (Instr. r) 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			S. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(11150.4)	
Common Stock								1,134	I	Est. 401(k) Shares	
Common Stock								1,312	D		
Common	03/14/2011		С		1,738	A	(1)	3,050	D		
Common	03/14/2011		F		515	D	(1)	2,535	D		
Common Stock								683 ⁽²⁾	D		
Common Stock								1,293 ⁽³⁾	D		
Common Stock								1,021(4)	D		
Common	03/14/2011		A		994 ⁽⁵⁾	A	(1)	994 ⁽⁵⁾	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number Derivative Securities Acquired Disposed (Instr. 3, 4	(A) or of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Option to Buy	\$14.77							05/25/2006 ⁽⁶⁾	12/04/2015 ⁽⁶⁾	Common	6,250		6,250	D	
Performance Share Units	(1)							(1)	(1)	Common	(1)		3,877 ⁽⁸⁾	D	
Performance Share Units	(1)							(1)	(1)	Common	(1)		3,062 ⁽⁹⁾	D	
Performance Share Units	(10)	03/14/2011		A		2,981 ⁽¹⁰⁾		(1)	(1)	Common	(1)	(1)	2,981 ⁽¹⁰⁾	D	
Performance Share Units	(1)	03/14/2011		D			2 ,0 53 ⁽⁷⁾	(1)	(1)	Common	1,738	(1)	0	D	

Explanation of Responses:

1. Not applicable.

2. Not vested and non-voting until March 6, 2012.

3. Not vested and non-voting until March 4, 2013.

4. Not vested and non-voting until March 2, 2014.

5. Not vested until March 14, 2015.

6. 25% became vested on 5/25/06 and an additional 25% became vested on each of the next 3 anniversaries.

7. Performance share units converted into common stock based on Company's performance against financial metric for calendar year 2008-2010, inclusive.

8. (0 - 7754 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2009 - 2011, inclusive. Stock awarded shall range from 0 - 2 for each performance share unit.

9. (0 - 6124 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2010 - 2012, inclusive. Stock awarded shall range from 0 - 2 for each performance share unit.

10. (0 - 5962 shares). Performance share units will convert into common stock based on Company's performance against financial metric 2011-2013, inclusive. Stock awarded shall range from 0-2 for each performance share unit.

Remarks:

/s/ Deborah J. Foster, attorney-in-03/16/2010 Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

AUTHORIZATION AND POWER OF ATTORNEY

The undersigned, John F. Kasel, authorizes and designates the following persons to execute and/or file all Forms 3, 4 and 5, required due to the undersigned's affiliation with L.B. Foster Company (the "Company"), with the Securities and Exchange Commission:

Deborah J. Foster and/or David L. Voltz

This authorization shall remain in effect for each of said persons until the earlier of (i) the person ceases to be an employee of the Company or (ii) the undersigned revokes said authority in a writing addressed to the Secretary of the Company.

Executed this 21st day of August, 2008

/s/ John F. Kasel

John F. Kasel