FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KASEL JOHN F						Issuer Name and Ticker or Trading Symbol									5. Relationship of Reporting Person(s) to Issuer				
					FC	FOSTER L B CO [FSTR]								(0	Dire	ector		% Owner	
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 12/11/2012										X Officer (give title Other (specify below) Sr. Vice President				
(Street) PITTSBURGH PA 15220 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - Nor	n-Deriv	ative	Se	curiti	es Acc	ղuired,	Dis	posed o	f, or	Bene	eficia	ally Owr	ed			
Date						Execution Date ay/Year) if any		on Date,	Transaction Disposed Of (I Code (Instr. 5)						nd Secu Bene Own	rities ficially ed Following	Form: Direc	of Indirect ct Beneficial Ownership	
									Code	v	Amount		(A) or (D)	Price	Tran	action(s)		(Instr. 4)	
Common Stock 12/1					/2012				A	A 2,		(1) A		\$	0 13,735(2)		D		
Common Stock																2,024 ⁽³⁾	I	401(k) Shares	
		Та													y Owne	İ	,	,	
or Exercise Price of	ercise (Month/Day/Year) of vative	te	Execution Da /Year) if any		Date, Transaction Code (Ins				Expiration Date			Amou		ount		derivative Securities Beneficially Owned Following Reported	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
	STER CO LIDAY DI URGH Security (Ir Stock Stock 2. Conversic or Exercis Price of Derivative	(First) STER COMPALIDAY DRIVE URGH PA (State) Security (Instr. 3) Stock Stock 2. Conversion or Exercise Price of Derivative	(First) (OSTER COMPANY LIDAY DRIVE URGH PA 1 (State) (OSTER COMPANY LIDAY DRIVE URGH PA 1 (State) (OSTER COMPANY Table Conversion or Exercise Price of Derivative (Month/Day/Year)	(First) (Middle) STER COMPANY LIDAY DRIVE URGH PA 15220 (State) (Zip) Table I - Nor Security (Instr. 3) Stock Table II - I (Month/Day/Year) Jan. Deeme Execution if any (Month/Day/Year) (Month/Day/Year)	(First) (Middle) STER COMPANY LIDAY DRIVE URGH PA 15220 (State) (Zip) Table I - Non-Deriv Security (Instr. 3) 2. Trans Date (Month/l) Stock Table II - Derivat (e.g., pi Conversion or Exercise Price of Derivative (Month/Day/Year) 2. (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	(First) (Middle) STER COMPANY LIDAY DRIVE (State) (Zip) Table I - Non-Derivative Security (Instr. 3) 2. 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Transaction Date (e.g., puts, calls, warrants, (A) or Derivative Security (Month/Day/Year) Stock Table II - Derivative Securities Acquired (e.g., puts, calls, warrants, (A) or Disposed of (D) (Instr. 3, 4 and 5)	FOSTER L B CO [FS] (First) (Middle) STER COMPANY LIDAY DRIVE Table I - Non-Derivative Securities Acquired, Month/Day/Year) Security (Instr. 3) Table II - Derivative Securities Acquired, Date (e.g., puts, calls, warrants, option of Exercise Price of Derivative Security Security Table II - Derivative Securities Acquired, Date (Month/Day/Year) (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year) (e.g., puts, calls, warrants, option of Exercise Price of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) A Deemed Execution Date, (Month/Day/Year) (Month/Day/Year) (Instr. 3, 4 and 5)	FOSTER L B CO [FSTR] (First) (Middle) STER COMPANY LIDAY DRIVE Table I - Non-Derivative Securities Acquired, Dister of Date (Month/Day/Year) Security (Instr. 3) 2. 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Date of Earliest Transaction (Month/Day/Year) 12/11/2012 4. If Amendment, Date of Original Filed (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5.	FOSTER L B CO	FOSTER L B CO [FSTR] (First) (Middle) STER COMPANY LIDAY DRIVE Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own (Instr. 3) Date (Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) A Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) A Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) A Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) A Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) A Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities) A Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owner (e.g., puts, calls, warrants, options, convertible Securities)	Check all applicable) Director Officer (give title below) Director Officer (give title below) STER COMPANY 12/11/2012 S. I. Vice Steam S	Conversion Con	

Explanation of Responses:

- 1. Award of time vested restricted stock under the Issuer's 2006 Omnibus Incentive Plan.
- $2. \ This number includes restricted shares which were previously awarded to the reporting person under the Issuer's 2006 Omnibus Incentive Plan.\\$
- 3. This number includes 360 shares acquired by the reporting person's 401(k) account since March 8, 2012.

Remarks:

/s/ John F. Kasel by Joseph S. Cancilla, attorney-in-fact

12/12/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY

The undersigned, John F. Kasel, does hereby nominate, constitute and appoint as his true and lawful attorneys-in-fact and agents with authority limited to and as specifically set forth herein, Joseph S. Cancilla and Deborah J. Foster (each hereinafter referred to as an "Attorney-in-Fact").

Each Attorney-in-Fact hereunder shall have the authority to: act, sign, execute and deliver for and on behalf of and in the place and stead of the undersigned, in the undersigned's capacity as a director and/or officer of L. B. Foster Company, a Pennsylvania corporation (the "Company"), the Forms 3, 4 and 5 documents pursuant to and in accordance with Section 16 of the Securities Exchange Act of 1934, as amended, and the rules and regulations thereunder (the "Exchange Act"); to do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 and file such form with the U.S. Securities and Exchange Commission and any stock exchange or similar authority; and to take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such Attorney-in-Fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents, executed by such Attorney-in-Fact on behalf of the undersigned pursuant to this Limited Power of Attorney shall be in such form and shall contain such terms and conditions as such Attorney-in-Fact may approve in such Attorney-in-Fact's discretion.

The undersigned hereby grants to each such Attorney-in-Fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such Attorney-in-Fact shall lawfully do or cause to be done by virtue of the rights and powers herein granted. The undersigned acknowledges that the foregoing Attorneys-in-Fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Exchange Act.

This Limited Power of Attorney shall commence on November 1, 2011 and shall remain in full force and effect until the undersigned is no longer required to file Form 3, 4, or 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the Attorneys-in-Fact.

IN WITNESS WHEREOF, I have caused this Limited Power of Attorney to be executed on October 31, 2011.

/s/ John F. Kasel

John F. Kasel