FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHA	ANGES IN	I BENEFIC	CIAL O	WNERSHIP

l	OMB APPRO	JVAL
	OMB Number:	3235-0287
	Estimated average burd	en
	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PUTH JOHN W					2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]									(Ch	5. Relationship of Reporting (Check all applicable) X Director			ng Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) C/O L.B. FOSTER COMPANY			3. Date of Earliest Transaction (Month/Day/Year) 08/13/2007 Officer (give title below) Other (specify below)												specify					
415 HOLIDIAY DRIVE			4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) PITTSBURGH PA 15220													- 1	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(\$	State)	(Zip)																	
		Tab	le I - Nor	ı-Deriv	ative	Se	curiti	es Ad	cquire	d, D	isp	osed o	of, or	Ben	eficial	ly Owne	d			
Date			2. Trans Date (Month/I	/Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		Co	Transaction Code (Instr.						Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Cod	de \	,	Amount	(A) or (D)		Price	Transac (Instr. 3	ction(s)			(
Common Stock 08/13				3/2007		C			5,00	5,000 D		(1)	22,246			D				
		T	able II - I	Derivat (e.g., p												Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D if any (Month/Day/	Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Co	Code	v	(A)	(D)	Date Exercis	able	Exp	piration te	Title	0 N 0	lumber					
Option to Buy	\$5.57								07/16/1	999	07/	15/2009	Comn	ion 1	.0,000		10,000)	D	
Option to Buy	\$3.625								05/10/2	000	05/	09/2010	Comn	non !	5,000		5,000		D	
Option to Buy	\$3.65								05/09/2	001	05/	08/2011	Comn	non !	5,000		5,000		D	
Option to Buy	\$5.5								05/15/2	002	05/	14/2012	Comn	on !	5,000		5,000		D	
Option to Buy	\$4.23								05/13/2	003	05/	12/2013	Comn	non [5,000		5,000		D	
Option to Buy	\$7.81								05/25/2	004	05/	24/2014	Comn	non .	5,000		5,000		D	
Option to Buy	\$8.97			T					05/25/2	005	05/	24/2015	Comn	non !	5,000		5,000		D	

Explanation of Responses:

1. N/A

Remarks:

/s/ John W. Puth

08/14/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).