FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RUSSO DAVID J						2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [ FSTR ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify					
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE					11	3. Date of Earliest Transaction (Month/Day/Year) 11/14/2007								Sr. V.P., CFO & Treasurer					
(Street) PITTSBURGH PA 15220 (City) (State) (Zip)					_   4.	If Ame	ndme	nt, Date	of Origin	nal File	ed (Month/Da		Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person						
		Tab	ole I - N	on-Deri	vativ	e Se	curit	ties Ac	cauire	d. Di	sposed o	of. or Be	neficial	lly Owned	<u> </u>				
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					ction	on 2A. Deemed Execution Da			3. Transa Code ( 8)	ection	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 at 5)			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	n(s) d 4)			(Insti	r. 4)
Common Stock 11/14/2					/2007				S		3,200	D	\$50.23	0		Ι	)		
Common Stock 11/14/2				/2007				M		4,000	A	\$4.1	4,000		Ι	D			
Common Stock														751		I		401(k) Trust Share Equivalents	
		-	Table II								posed of, converti			/ Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I		4. Transa Code ( 8)		of		6. Date Exercis Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Owners Form: Direct ( or Indir (I) (Inst	Ship (D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Option to Buy	\$4.3								07/26/20	002 <sup>(1)</sup>	07/25/2012	Common	10,000		10	,000	D		
Option to	\$4.1	11/14/2007			М			4 000	12/10/20	າດວ <sup>(2)</sup>	12/09/2012	Common	4 000	(3)	1	000	D		

## **Explanation of Responses:**

- 1. 25% became vested on 7/26/03 and additional 25% becamevested on each of the next three anniversaries.
- 2. 25% became vested on 12/10/03 and an additional 25% became vested on each of the next three anniversaries.
- 3. Intentionally left blank

## Remarks:

David J. Russo

11/14/2007

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.