FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

l	OMB APPRO	OVAL					
	OMB Number:	3235-0287					
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	hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person* PUTH JOHN W					2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
PUTH JOHN W (Last) (First) (Middle) C/O L.B. FOSTER COMPANY 415 HOLIDIAY DRIVE Street) PITTSBURGH PA 15220 (City) (State) (Zip) Table I - N Title of Security (Instr. 3) Common Stock Common Stock Table II		(Middle)		11/	3. Date of Earliest Transaction (Month/Day/Year) 11/06/2007									Officer (give title Other (specify below) below)					
,				- 4. 11	Line) X Form filed b								iled by One	t/Group Filing (Check Applicable by One Reporting Person by More than One Reporting					
(City) (State) (Zip) Table I - Non-Derivati 1. Title of Security (Instr. 3) 2. Transactic Date					, ativo	. 50	ouriti	ios Ao	quirod	Dici	ancod o	cially Owned							
1. Title of Security (Instr. 3) 2. T				2. Trans			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,			o) or 5. Amor 4 and Securiti Benefic Owned		int of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
								Code	v	Amount	(A) or (D)		ice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock			11/0	11/06/2007				М		5,000) A	A 9		5 21,246		16 D		
Common	Common Stock				6/2007	/2007					5,000	D 5		43.14	16,246		D		
Common	Stock			11/0	6/2007				S		2,900) D	4	642.8	13	,346	D		
		Т	able II -						uired, D , option						Owned				
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Da	ed Date,	4. Transaction Code (Instr 8)		5. Number of		6. Date Exercis. Expiration Date (Month/Day/Yea		ble and	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		1	B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Own Form Direct or In (I) (Ir	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	ode V			Date Exercisabl		xpiration ate	Title	Amo or Num of Shar	ber					
Option to Buy	\$3.625								05/10/2000	0	5/09/2010	Common	5,0	00		5,000		D	
Option to Buy	\$3.65								05/09/2001	. 0:	5/08/2011	Common	5,0	00		5,000		D	
Option to Buy	\$5.5								05/15/2002	2 0	5/14/2012	Common	5,0	00		5,000		D	
Option to Buy	\$4.23								05/13/2003	0.5	5/12/2013	Common	5,0	00		5,000		D	
Option to Buy	\$7.81								05/25/2004	0:	5/24/2014	Common	5,0	00		5,000		D	
Option to Buy	\$8.97								05/25/2005	0.5	5/24/2015	Common	5,0	00		5,000		D	
Option to Buy	\$5.75	11/06/2007			M			5,000	07/16/1999	0	7/15/2009	Common	5,0	00	(1)	0		D	

Explanation of Responses:

1. N/A

Remarks:

/s/ John W. Puth

11/06/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.