FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PUTH JOHN W						2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]									Relationship neck all appl X Direct	or		on(s) to Iss 10% Ov	
(Last) (First) (Middle) C/O L.B. FOSTER COMPANY						3. Date of Earliest Transaction (Month/Day/Year) 11/21/2007									Office below	r (give title)		Other (s below)	specify
415 HOLIDIAY DRIVE					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)				
PITTSBURGH PA 15220															X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)					ative Securities Acquired, Disposed of, or Benefic														
		Tab	le I - Nor	n-Deriv	ative	Sec	curiti	es A	cquired	Dis	posed	of, or	Ben	eficia	lly Owne	d			
1. Title of Security (Instr. 3) 2. Transa Date (Month/Date)						ar) E	A. Deemed Execution Date, f any Month/Day/Year)		Code	Transaction Code (Instr.					Securiti Benefic Owned	5. Amount of Securities Beneficially Owned Following		Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D) Pr		Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 11/21/2						2007			S		3,00	0	D	\$45.3	37 10,346		D		
		7	āble II - I						quired, [s, option						/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Ownership Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
					Code	ode V		(D)	Date Exercisab		xpiration ate	Title	N C	amount or lumber of Shares					
Option to Buy	\$3.625								05/10/200	0 0	5/09/2010	Comm	on	5,000		5,000		D	
Option to Buy	\$3.65								05/09/200	01 0	5/08/2011	Comm	on	5,000		5,000		D	
Option to Buy	\$5.5								05/15/200	0.00	5/14/2012	Comm	on	5,000		5,000		D	
Option to Buy	\$4.23								05/13/200	3 0	5/12/2013	Comm	on	5,000		5,000		D	
Option to Buy	\$7.81								05/25/200	0.9	5/24/2014	Comm	on	5,000		5,000		D	
Option to	\$8.97								05/25/200	05 0	5/24/2015	Comm	on	5.000		5,000		D	

Explanation of Responses:

Remarks:

/s/ John W. Puth

11/26/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).