FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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	nd Address of DAVID	f Reporting Person*							cker or Tr		Symbol				Check all ap Dire	ctor		10% C	)wner
	(F STER COM LIDAY DR	1PANY	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/14/2017									X Officer (give title Other (spec below) below)  Sr. V.P., CFO & Treasurer				
(Street) PITTSBU	URGH PA		15220 Zip)		4. If	Ame	endmer	nt, Date	of Origina	al Filed	d (Month/Da	ay/Yea	ar)		ne) X Fori	or Joint/Grou n filed by On n filed by Mo son	ie Rep	orting Pers	on
		Tabl	le I - Non	n-Deriv	ative	Se	curiti	es Ac	quired	, Dis	posed o	f, or	Bene	ficia	ally Own	ed			
1. Title of Security (Instr. 3)		Date	nth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Dispos Code (Instr. 5)		ies Acquired (A) o Of (D) (Instr. 3, 4			5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	(	A) or D)	Price	Trans	action(s) 3 and 4)			(Instr. 4)		
Common	Stock			02/14	/2017				A		20,000	(1)	Α	\$(	) 5	9,599		D	
Common	Stock															1,534		I	L.B. Foster Company 401(k) Plan Shares
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Derivative Conversion Date Executio or Exercise (Month/Day/Year) if any		3A. Deeme Execution if any (Month/Day	Date,	Date, Transaction Code (Instr.		n of l		Expirati	6. Date Exercisab Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		unt	8. Price of Derivative Security (Instr. 5)		/ [C	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis		Expiration Date	Title	of Shar	es					

## **Explanation of Responses:**

1. Restricted stock grant vests 50% on second anniversary of grant date and 25% on each of the third and fourth anniversaries of the date of grant.

/s/ David J. Russo by Amelia L. Beck, attorney-in-fact 02/14/2017

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.