FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RUSSO DAVID J						2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner V Officer (give title Other (specify					
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 11/02/2007								X Office (give title Offier (specify below) Sr. V.P., CFO & Treasurer						
(Street) PITTSBURGH PA 15220 (City) (State) (Zip)					_ 4.									Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - N	on-Deri	ivativ	e Se	curit	ties Ac	auire	d. Di	sposed o	f. or Be	neficial	ly Owned					
1. Title of Security (Instr. 3) 2. Transport				. Transaction late Month/Day/Year)		2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an 5)			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and				(Instr. 4)	
Common Stock 11/02/2				/2007	:007			М		5,000	A	\$4.1	8,200		D)			
Common Stock 11/02				11/02	2007				S		5,000	D	\$41.13	3,200		D			
Common Stock												751		I		401(k) Trust Share Equivalents			
		-	Гable II								posed of, convertil			Owned					
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I		4. Transaction Code (Instr. 8)		n of		6. Date Exercis Expiration Date (Month/Day/Ye:		e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Owners Form: Direct (or Indir (I) (Inst	Beneficial Ownership ect (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Option to Buy	\$4.3							07/26/2002 ⁽¹⁾		07/25/2012	Common	10,000		10,000		D			
Option to	\$4.1	11/02/2007			M			5,000	12/10/20	002 ⁽²⁾	12/09/2012	Common	5,000	(3)	20,000		D		

Explanation of Responses:

- 1. 25% became vested on 7/26/03 and additional 25% becamevested on each of the next three anniversaries.
- 2. 25% became vested on 12/10/03 and an additional 25% became vested on each of the next three anniversaries.
- 3. Intentionally left blank

Remarks:

David J. Russo

11/05/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.